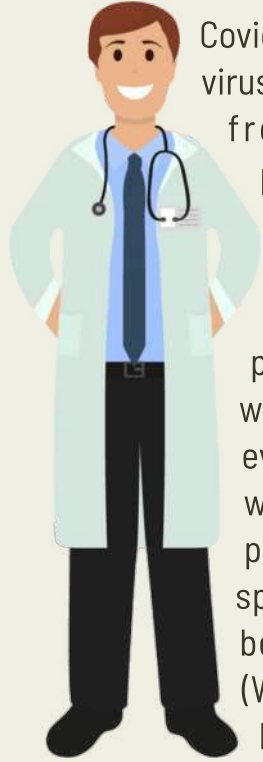


PREVENTING THE SPREAD

C  VID-19

COVID-19

What is Covid-19?



Covid-19 refers to a large family of viruses that causes illness ranging from the common cold to pneumonia or more severe diseases i.e. SARS & MERS.

Currently the risk to the UK population is moderate, but with more cases being reported every day, both here and abroad we wanted to share Seldram's precautionary guide to limit the spread of infection based on best practice from the WHO (World Health Organisation) and PHE (Public Health England).

Is there a treatment or vaccine for Covid-19?

At present, there are no treatments, antibiotics, vaccines or cures for Covid-19. Supportive medical care is provided to help relieve the acuteness of the symptoms and control complications.



What precautions can I take to help prevent the spread?

We strongly recommend that you follow and apply these general principles to help prevent the spread of respiratory viruses.



**STAY HOME
IF YOU FEEL UNWELL**

**KEEP YOUR DISTANCE
FROM INFECTED PEOPLE**



**WEAR PROTECTIVE
MASKS**

**WASH HANDS REGULARLY
WITH SOAP & WATER**



**DRY YOUR HANDS WITH
SINGLE USE PAPER TOWELS**

**COVER YOUR COUGH/SNEEZE
WITH A TISSUE & BIN IT**



**AVOID TOUCHING YOUR FACE
WITH UNWASHED HANDS**

**DISINFECT & SANITISE
FREQUENTLY TOUCHED SURFACES**



**CALL 111
IF YOU FEEL UNWELL**

**PRACTICE GOOD
PERSONAL HYGIENE**



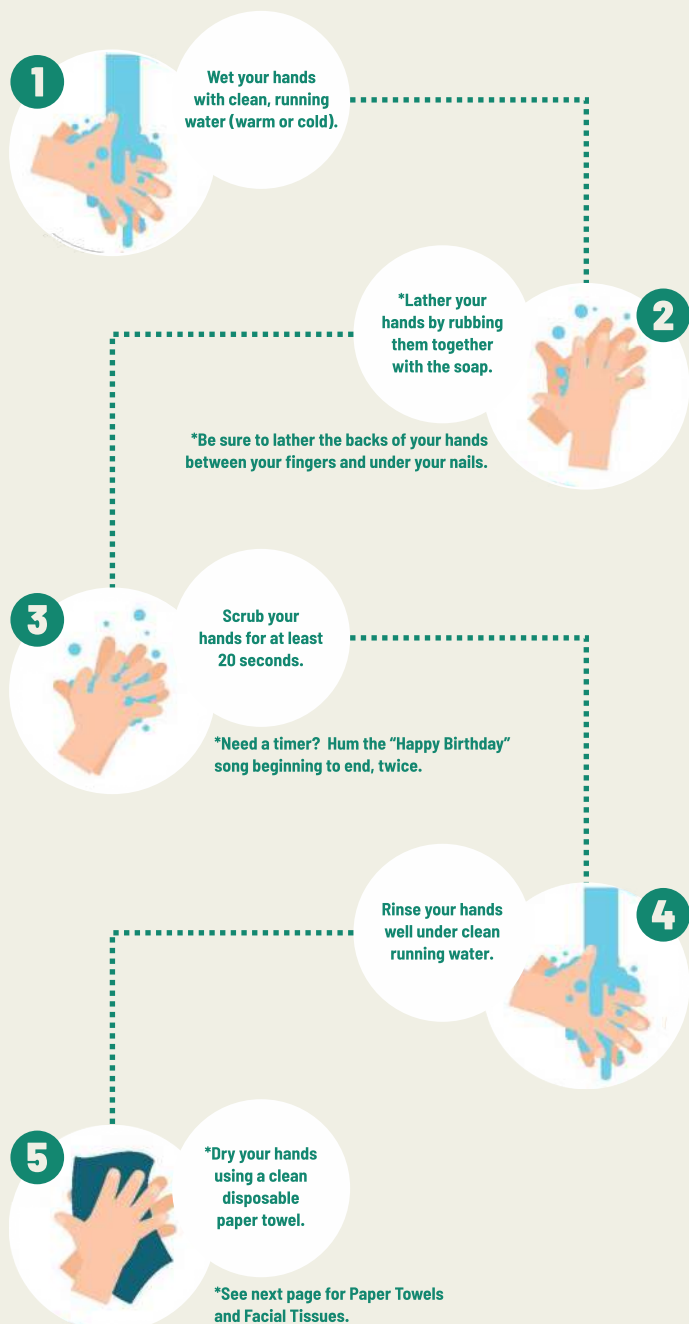
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COVID-19

Hand Washing

Hands should be cleaned frequently and for a minimum of 20 seconds. Hand sanitisers can be used in the absence of soap and water, or as a second stage if hands are visibly clean.



What soap should I be using that is effective?

We have an extensive range of soaps in stock including major brands such as Deb, Purell, GoJo, Tork, and More. Here are the soaps and sanitisers that we recommend:

HAND SANITISERS	STERI-7 XTRA BIOCIDAL HAND RUB (75ml)		ORDER CODE 010.208
	STERI-7 XTRA BIOCIDAL HAND RUB (600ml)		ORDER CODE 010.204
	STERI-7 XTRA BIOCIDAL HAND RUB (5L)		ORDER CODE 010.207
POUCHES	RUBBERMAID PERFUMED FOAMING SOAP (800ml)		ORDER CODE 030.163
	RUBBERMAID ANTIBACTERIAL FOAMING SOAP (800ml)		ORDER CODE 030.165
	RUBBERMAID ALCOHOL FREE HAND SANITISER (800ml)		ORDER CODE 030.168
BULK FILL	MERLIN W05 LUXURY CREAM HAND SOAP (5L)		ORDER CODE 030.101
	MERLIN W09 ANTIBACTERIAL HAND SOAP (5L)		ORDER CODE 030.104
	MERLIN CW1 ALCOHOL HAND SANITISER (5L)		ORDER CODE 030.554
PUMPS	ENLIVEN ORIGINAL HAND SOAP (500ml)		ORDER CODE 030.052
	MERLIN CW1 ALCOHOL HAND SANITISER (450ml)		ORDER CODE 030.551
	CLEENOL HAND SANITISING GEL (500ml)		ORDER CODE 095.139

Speak to us about Bulk Fill and Pouch Dispensers.



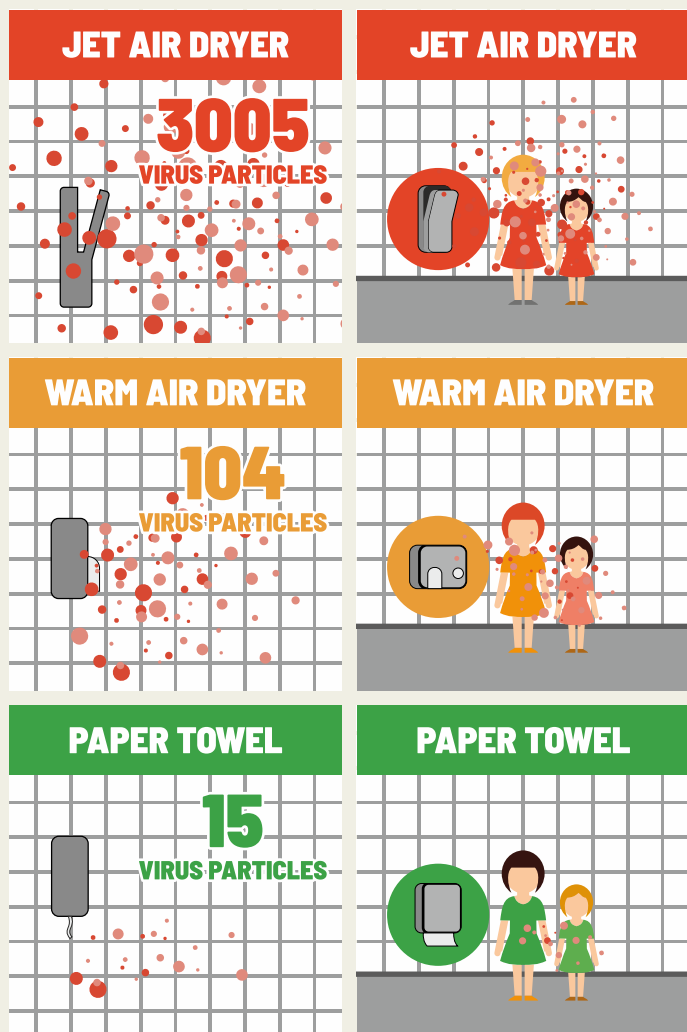
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COVID-19







Why paper towels and not jet air or warm air dryers?

Studies have found that jet air and warm air dryers in a washroom were found to spread bacteria up to two metres (around six feet), while paper towels were better at not contaminating the washroom. Paper towels are also proven to remove and absorb a greater number of virus particles from hands than that of jet air and warm air dryers.



What paper products do you recommend I use?

We have an extensive range of paper hand towels and facial tissues in stock:

Z-FOLD	Z-FOLD HAND TOWEL 1-PLY BLUE (CTN 3000)		ORDER CODE 028.103
	Z-FOLD HAND TOWEL 2-PLY WHITE (CTN 3000)		ORDER CODE 028.110
INTERFOLD	INTERFOLD HAND TOWEL 1-PLY GREEN (CTN 5000)		ORDER CODE 028.050
	INTERFOLD HAND TOWEL 2-PLY WHITE (CTN 3000)		ORDER CODE 028.052
ROLLER TOWELS	LEONARDO ROLLER TOWEL 2-PLY WHITE (CTN 6)		ORDER CODE 028.207
	LEONARDO ROLLER TOWEL 1-PLY BLUE (CTN 6)		ORDER CODE 028.205
	LEONARDO ROLLER TOWEL 1-PLY WHITE (CTN 6)		ORDER CODE 028.206
<div>    </div> <div> CATCH IT BIN IT KILL IT </div>			
FACIAL TISSUES	CLOUDSOFT LUXURY TISSUES 2-PLY WHITE (CTN 36)		ORDER CODE 035.001
	CLOUDSOFT CUBED TISSUES 2-PLY WHITE (CTN 24)		ORDER CODE 035.010
	KLEENEX FACIAL TISSUES 2-PLY WHITE (CTN 21)		ORDER CODE SP8835

Speak to us about paper towel dispensers.



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COVID-19

Cleaners & disinfectants

Covid-19 is not currently available for commercial laboratories to test against, but the following range of products are known to be effective against a range of other viruses such as Influenza, Norovirus, Hep B & C, HIV and Ebola.

What cleaners & disinfectants should I be using to clean surfaces?

**SELGIENE
EXTREME
(750ml)**



**ORDER
CODE
010.050**

**SELGIENE
EXTREME
(5L)**



**ORDER
CODE
010.055**

**STERI-7 XTRA
HIGH LEVEL DISINFECTANT
CONCENTRATE (5L)**



**ORDER
CODE
010.203**

**STERI-7 XTRA
HIGH LEVEL DISINFECTANT
READY TO USE (750ml)**



**ORDER
CODE
010.202**

The 5 Step Cleaning Process

We suggest that you follow these simple steps for effective cleaning & disinfecting.



**WASH YOUR HANDS THOROUGHLY
AND THEN SANITISE THEM WITH
A HAND SANITISER**

**PUT ON DISPOSABLE PPE SUCH
AS GLOVES, COVERALL, MASK**



**CLEAN SOILED AREAS AND
SURFACES USING RECOMMENDED
CLEANERS & DISINFECTANTS**

**WHEN CLEANING COMPLETE,
DISPOSE OF ALL WASTE
AND DISPOSABLE PPE**



**WASH YOUR HANDS THOROUGHLY
AND THEN SANITISE THEM WITH
A HAND SANITISER**

PPE (PERSONAL PROTECTIVE EQUIPMENT)

**NITRILE POWDER FREE
GLOVES MEDIUM (CTN 100)**



**ORDER
CODE
016.302**

**WARRIOR FFP2
VALVED MASK (EACH)**



**ORDER
CODE
038.105**

**DUST & PARTICLE
FACE MASK (PACK 5)**



**ORDER
CODE
038.103**

**SAFETY GOGGLES
(EACH)**



**ORDER
CODE
038.121**

**SAFETY SPECS
(EACH)**



**ORDER
CODE
038.125**

**SUPERTEX COVERALL
EXTRA LARGE (EACH)**



**ORDER
CODE
038.309**



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Speak to us about PPE.

